### NEWSLETTER 5 4TH OF OCTOBER, 2020

**WSR IN A WEEK** 

مدرسة جيمس وستمينستر رأس الخيمة GEMS Westminster School

RAS AL KHAIMAH



## What's appening Week starting 4TH OF OCTOBER Theme of the Week **World Mental Health Week**

Monday -5/10/2020 Q&A Primary Tuesday -6/10/2020 Phonics Workshop Wednesday 7/10/2020 - Education City Workshop

#### Message from the Deputy Head of Secondary Department

"Our mental health seriously affects our physical health. So there should be no stigma around mental health, none at all" (Michelle Obama, Former First Lady of the United States).

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Dear Parents and Students, Assala mu'alaikum.

If you are feeling overwhelmed by the challenges and changes caused by the Covid 19 pandemic, then you are not alone and by the end of this article, hopefully you will feel more confident in maintaining positive mental health.

Mental Health week is always a great opportunity to reflect on our own mental health and check-up on those most close to us - friends, family, neighbors and work colleagues. The Covid 19 pandemic may have made it more difficult to physically meet, as we all try and adhere to strict social distancing guidelines, but modern technology and communication platforms have truly transformed the various means by which we can still stay in touch with those people who we care about most. This view is also supported by Desiree Dickerson, clinical psychologist specializing in academic mental health, who highlights the importance of maintaining connections during times of uncertainty and isolation in order to maintain positive mental health and wellbeing. Furthermore, Desiree also highlights the need to go easy on ourselves as we settle into this new rhythm of remote work and isolation, needing to be realistic in the goals we set, both for ourselves and our family members.

At WSR, our moto is one tribe, one family. We are therefore committed in supporting and promoting mental health and wellbeing for all of our family members - students, parents and staff. We know that everyone experiences life challenges at different stages of their life which can often make us vulnerable. The first step to overcome any mental challenge which makes us unhappy or emotionally down is to seek support from those around us.

People with positive mental health tend to live happier lives. We therefore want all of our students, parents and staff to know with confidence that the school is always here to listen and support you should you require someone to speak with or need advice. Our trained school counsellors are always available to assist you and your child to have the best and most positive experience during your time with us. Please join us to celebrate Mental Health week from Sunday 4th October. Please wear green on Wednesday 7th October to show solidarity and promote the importance of mental health for everyone everywhere.

Ziaur Rahman

Deputy Head of Secondary

Telephone: +971 7 203 5999 www.gemswestminsterschool-rak.com https://www.facebook.com/GEMSWestminsterSchool.RAK/





# **Useful contacts at WSR**

If you have any concerns about attendance, punctuality or your child's welfare, please contact your child's Tutor or Pastoral Leader in the first instance. If you are unable to get a satisfactory response by following the agreed procedures, then please do not hesitate to contact reception on 07 203 5999 to arrange a meeting with a member of the Senior Leadership Team or Head of Section

Grade Leader	Grade	Email
Ms. <u>Samia Altamash</u>	KG1	<u>samia.a_wsr@gemsedu.com</u>
Ms Sheila		shiela.k_wsr@gemsedu.com
<u>Ms</u> Ria Paula	KG2	<u>ria.b_wsr@gemsedu.com</u>
Ms. Christiana Bamidele	1	christiana.b_wsr@gemsedu.com
Ms. Tara Freeman	2	tara.f_wsr@gemsedu.com
Ms Mahreen Khan	3	mahreen.k_wsr@gemsedu.com
Ms. <u>Olayinka Jeph</u>	4	olayinka.j_wsr@gemsedu.com
Mr. Demetrius <u>Dizon</u>	5	Demetriuswsr@gemsedu.com
Ms. <u>Mukta</u> Nair	6- <b>7</b> Girls	mukta.n_wsr@gemsedu.com
Mr. Sujith Thankachan	6- <b>7</b> Boys	sujith.t_wsr@gemsedu.com
Ms. <u>Dhanya Sundradas</u>	8-10 Girls	<u>dhanya.s_wsr@gemsedu.com</u>
Ms. <u>Renuka</u> Nair	8-10 Boys	<u>renuka.n_wsr@Gemsedu.com</u>
Mr Alphonso	11 and 12 boys and girls	alfonso.i_wsr@gemsedu.com

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Head of Department	Subject	Email	
Ms. Fathima Bathool	Secondary English	fathimabatho.a wsr@gemsedu.com	
TBC	Secondary Mathematics	TBC	
Ms. Emma Fox	Secondary Science	Emma.f wsr@gemsedu.com	
Mr. Temitope Olusayo	Head of Performing Arts	temitope.o wsr@gemsedu.com	
Mr. Ali Ezzat	Grade 1-12:	aliezzat.e wsr@gemsedu.com	
	Arabic & Social Studies A		
Ms. <u>Saima Naz</u>	Grade 1-12 Islamic	saima.n wsr@gemsedu.com	
Mr. <u>Sujith</u>	Head of Secondary PE	sujith.t wsr@gemsedu.com	
Ms. <u>Fathima</u>	Head of Primary PE	fatmamohamed.s wsr@gemsedu.com	
Ms. Esther Sylvester	Geography & History	esther.s wsr@gemsedu.com	
<u>Ms Reshma Bhimani</u>	Moral Education, PSHE and Social Studies B	reshma.b wsr@gemsedu.com	
Ms. Farah <u>Alhousani</u>	Business & Economics	farah.a3 wsr@Gemsedu.com	
Ms Evangeline Ravi	Head of ICT secondary	evangeline.r wsr@gemsedu.com	
Ms. Zahra <u>Shelke</u>	Head of ICT Primary	<u>zahra.s1 wsr@Gemsedu.com</u>	

Role:	Name:	Contact:	
Principal	Ms Nicole Haynes	Please email info_wsr@gemsedu.com	
Vice Principal	Shabana Amir Baz	shabana.a_wsr@gemsedu.com	
Head of Secondary (Grade 6-12)	Mr. Martin Poveda	Martincharle.p_wsr@gemsedu.com	
Head of Primary KG1 to (Grade 5)	Ms. Jane Scawthorn	jane.s_wsr@gemsedu.com	
Head of Arabic and Islamic Studies and Social Studies Department	Mr. Ismail Saidi	ismail.s_wsr@gemsedu.com	
Deputy Head of KG1	Ms. Asavari D Souza	asavari.d_wsr@gemsedu.com	
Deputy Head of Primary	Ms. Ilne Gevers	ilne.g_wsr@gemsedu.com	
Deputy Head of Secondary	Mr. Ziaur Rahman	Ziaur.r_wsr@gemsedu.com	
Deputy Head of Secondary	Ms. Chantelle sargeant	Chantelle.s_wsr@gemsedu.com	
Assistant Head of Primary	Mr. Harley Golder	harley.g_wsr@gemsedu.com	
<b>Directors of Learning:</b> Key Stage 1 (KG2 – Grade 1) Key Stage 2 (Grade 2 – 5)	Ms. Paramprit Kaur Ms. Ummehani	paramprit.k_wsr@gemsedu.com ummehani.e_wsr@gemsedu.com	
<b>Directors of Learning</b> Key Stage 5 (Grade 11 and 12) Key Stage 4 (Grades 8, 9 and 10) Key Stage 3 (Grades 6 and 7)	Ms. Beena Nair Ms. Rhea Lawrence Ms Remya Unnikrishnan	beena.n_wsr@gemsedu.com rheamarina.l_wsr@gemsedu.com remya.u_wsr@gemsedu.com	
Head of Well-being and Attendance	Mr. Temitope Olusayo	temitope.o wsr@gemsedu.com	
Teaching & Learning Coach	Ms. Asma Siddiqui	asma.s wsr@gemsedu.com	
Head of Examinations	Ms. Martha Fishery	martha.f_wsr@gemsedu.com	
SEND Coordinator	Ms. Laudette	inmaculadalu.a wsr@gemsedu.com	
School Counsellor	Ms. Fateha Begum	fateha.b_wsr@gemsedu.com	
School Counsellor	Ms. Basma Ibrahim	basma.i_wsr@Gemsedu.com	
Student Welfare Officer (Behaviour Lead)	Ms. Hassina Muhammad	hassina.m_wsr@gemsedu.com	
Parent Relations Executive (PRE)	Ms. Josephine Atea	josephine.a_wsr@gemsedu.com	
Manager of School Operations	Mr. Tapan Bhatt	tapan.b_wsr@gemsedu.com	
Registrar	Ms. Genesa Paler	registrar wsr@Gemsedu.com	
BBT Bus Transport Customer Care Executive (CCE)	Mr. Youssif Rasheed	sde-wsr@bbt.ae	
Threads Uniform	www.threadsme.com		
Facebook	www.facebook.com/GemsWestminsterSchool.RAK/		
WSR YouTube	https://www.youtube.com/channel/UCKMwVs9mTmESj1m_nk7Xvo Q/videos		

## **Primary News**

Good Afternoon Parents, Please find the link to our weekly Primary Newsletter. Here, you can access the weekly Fridge Facts, read important letters, review the curriculum documents and plan ahead for future calendar events:

https://sites.google.com/gemswsr.net/primary-newsletter-week-5/home.

We truly appreciate your understanding and support for the school during these challenging times and please be assured that WSR will continue to follow the best health and safety practices as guided by our national authorities to ensure the wellbeing of our students and school community.

Many thanks,



## **Secondary News**

Dear Parents and Students,

We will be celebrating Teacher's Day at GEMS Westminster School Ras Al Khaimah (WSR) on Sunday 27th of September. Unlike last year, when the corridors and classrooms were filled with excited students and teachers exchanging presents and warm greetings, this year will be a very different experience due to the restrictions that have been enforced upon us by the Covid 19 pandemic. Nevertheless, the school will endeavor as always to ensure our students are given an opportunity to say "Thank You" to their beloved and respected teachers.

Teachers Day is a very special annual occasion celebrated across the globe to acknowledge, empower and appreciate teachers. Furthermore, the day also highlights the teaching profession worldwide and draws attention to the voice of teachers everywhere. Most importantly, it provides students and parents with the opportunity to express gratitude and appreciation for the amazing work teachers perform on a daily basis.

We all remember our special teachers - from Kindergarten all the way to University and beyond. For me such special teachers included Ms. Nia in Primary for her encouragement and warm smiles every morning, Mr. Gaffney for his calmness, humour and support during tutor time and Dr. Ioannis during my postgraduate studies at university for being an inspiration. The impact that such special teachers make in our lives has a lasting impression and undoubtedly provides us with the strength and courage to aspire to be the very best we can be in what we do. Such fond memories last forever and shape our choices in life. On Sunday 27th September, please don't forget to say "Thank You" to all your teachers that have made your time at school enjoyable, beneficial and full of great memories! Finally, a huge thank you to all our students from all the teachers at WSR, for making every day full of laughter, enjoyment and excitement. Wishing everyone a joyful Teachers Day. Ziaur Rahman

Deputy Head of Secondary

Kindly find below this week Secondary Newsletters :

KS3 (Grade 6 & 7) - <u>https://sites.google.com/gemswsr.net/ks327thsept-1stoct/home</u> KS4 (Grade 8-10) - <u>https://sites.google.com/gemswsr.net/key-stage-4-week-of-27-sep/home</u> KS5 (Grade 11 & 12) - <u>https://sites.google.com/gemswsr.net/ks5-newsletter-ay20-21/home</u>





GEMS WESTMINSTER SCHOOL, RAK INVITES YOU TO THE

GEMS Westminster

# ALL ABOUT IGCSE EXAMS PARENT CLINIC

Please do join us if you have any questions about the following:

 WHAT ARE IGCSE EXAMS?
 WHAT DO THE DIFFERENT EXAM BOARDS MEAN?
 WHEN SHOULD I SIT THE EXAMS?
 IS MY CHILD READY FOR THE EXAM?
 HOW CAN I PREPARE MY CHILD
 BETTER?
 Date: Wednesday, 7th October, 2020
 Time: 3 - 4pm
 Zoom link will be shared by SMS/email on the

Zoom link will be shared by SMS/email on the day of the event.

### Parent Clinic: 6<sup>TH</sup> October 'Celebrating Mental Health Week'

Join the School Counsellors in the next Parent Clinic as we celebrate and talk about '<u>Mental Health</u>' and how to look after your families wellbeing.

At the end of the session there will be opportunities to ask questions and have a discussion with the Counsellors.

> Speakers: Ms Fateha and Ms Basma-School Counsellors



DATE: 6<sup>TH</sup> October When: 2.30pm Arabic, 3pm English Where: Zoom (Link will be shared)

### **MENTAL HEALTH WEEK**

PLEASE WEAR GREEN ON 8<sup>TH</sup> OCTOBER (THURSDAY) TO SHOW SOLIDARITY FOR MENTAL HEALTH WEEK.



**One**TribeOneFamily



# **September Key Dates:**

- Monday -5/10/2020 Q&A Primary
- Tuesday -6/10/2020 Phonics Workshop
- Wednesday 7/10 /2020 Education City Workshop

## For School Bus Services – BBT Company

Parents who want to register bus service for the students, please visit the BBT counter. Timing - Sunday to Thursday 08:00 AM to 03:00 PM Saturday 08:00 AM to 01:00 PM. Transport In charge- Mr. Yusaf Rasheed. E Mail - sde-wsr@bbt.ae Contact - Tel: 07-2035999 Ext: 204



Thank You.

### **Offer only for GEMS Parents!**



### 4.25% discount offer is extended till 31st August plus you can Convert the school fee in installment without interest and Without processing fee



#### FAB GEMS Credit Card

Made especially for GEMS families

#### Advance Tuition Fee Discount Scheme on GEMS Credit Card - Academic Year 2020-2021

#### Academic Year starting Sept 2020

Fee cycle	Payment due date	Payment Period	Fixed rate %	No. of monthly fees in advance
T 1	On or before 20 August 2020	Full year fees	4.25%	10 months
Term 1	On or before 20 August 2020	1st and 2nd term fees	3.00%	7 months
			1.50%	
	On or before 20 August 2020	1st term fees		4 months
Term 2	On or before 20 December 2020	2nd and 3rd term fees	2.50%	6 months
	On or before 20 December 2020	2nd term fees	1.25%	3 months
Term 3	On or before 20 March 2021	3rd term fees	1.25%	3 months

#### Academic Year starting April 2021

Fee cycle	Payment due date	Payment Period	Fixed rate %	No. of monthly fees in advance
Torm 2	On or before 20 August 2020	2nd and 3rd term fees	2.50%	7 months
Term 2	On or before 20 August 2020	2nd term fees	1.50%	4 months
Term 3	On or before 20 December 2020	3rd term fees	1.25%	3 months
	On or before 20 March 2021	Full year fees	4.25%	10 months
Term 1	On or before 20 March 2021	1st and 2nd term fees	3.00%	7 months
	On or before 20 March 2021	1st term fees	1.25%	3 months

#### For any clarifications on tuition fee discounts, please contact the GEMS school cashier

#### Terms and conditions:

- The discount scheme is based on a fixed rate percentage of the tuition fee paid in advance and in accordance with the above fee cycle calendar using the GEMS FAB Titanium Credit card.
- The discount can be used for a maximum of one academic year and is only applicable if a one term minimum tuition fee is paid in advance.
- Eligibility for the fee discount requires any outstanding fees to be paid in full.
- The discount is based on the current fee structure. Should any revision to the fee structure be approved by the regulatory authority at a later date, the difference shall be payable by the cardholder.
- In case of any refunds, the official refund policy will be applied and the discount already granted will be adjusted accordingly.
- The discount is applied on the net tuition fee after concession/reduction/advance payment, if any.

#### 0503535523 Contact: SAJIDA

### Save on your school's fees today! GEMS Ambassador Programme

Dear Parent,

The GEMS Ambassador Programme has been running successfully for more than a decade since its launch in 2008. In the past two years alone, the programme has helped parents earn back more than AED 650,000.

The programme is open to any GEMS Education parent and the process is straightforward: simply introduce a new family or friend to any participating GEMS school and earn back a minimum of 4% and up to 100% of your child's annual tuition fee in the form of GEMS Points. These Points can then be used to pay school fees (https://www.gemswestminsterschool-rak.com/why-gems/ambassador-programme/)

We very much look forward

to welcoming you as a member of the GEMS Ambassador Programme and thank you for you participation.

**Kind Regards** 

Admission Team GEMS Education





## Keep up to date with our School website



Check out what's been happening at school in our Event Logger Page: http://www.gemswestminsterschool-rak.com/for-parents/events-logger/
What events are happening this Term – check out our Events Calendar: http://www.gemswestminsterschool-rak.com/for-parents/events-calendar/

Dear all,

If you have not done so already, please ensure you have downloaded the GEMS Rewards App and completed the registration process. The App is available on IOS and Android App stores.

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http://www.gemsrewards.com/

There are plenty of offers and savings

### **School Term Dates :**

Statement	Date
Term 1	From 30-8-2020 to 10-12-2020
Term 2	From 3-1-2021 to 25-3-2021
Term 3	From 11-4-2020 to 1-7-2020
Last day of academic Year	1-7-2021



WE CARE